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2 A Successive LP Approach with C-VaR Type Constraints for IMRT 3 Optimization

4 Shogo Kishimoto¹ and Makoto Yamashita²

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6 Abstract:

7 In this paper, we propose a successive linear programming (LP) approach for an intensity-
8 modulated radiotherapy treatment (IMRT) optimization. The use of IMRT enables to control
9 the beam intensities accurately and gives more flexibility for cancer treatment plans, but finding
10 a feasible plan that satisfies all dose-volume constraints (DVCs) requires expensive computation
11 cost. Romeijn et al. [Physics in Medicine and Biology, 48(21):3521, 2003] replaced the DVCs with
12 C-VaR (conditional Value-at-Risk) type constraints, and successfully reduced this computation
13 cost. However, the feasible region of the LP problem was small compared to the original DVCs,
14 therefore, their approach often failed to find a feasible plan even when the DVCs were not so
15 stringent.

16 In the proposed method, we integrate the C-VaR type constraints with a successive LP ap-
17 proach. Exploiting the solution of LP problems, we automatically detect outliers and remove them
18 from the domain of the C-VaR type constraints. This reduces the sensitivity of the C-VaR type
19 constraints to outliers, therefore, we can search feasible plans in a wider region than the C-VaR
20 type constraints. We give a mathematical proof that if the optimal value of an LP problem in the
21 proposed method is non-positive, the corresponding optimal solution satisfies all the DVCs. From
22 a numerical experiment on test data sets, we observed that the proposed method found feasible
23 solutions more appropriately than existing successive LP approaches. Moreover, the proposed
24 method required fewer LP problems, and this was reflected in a short computation time.

25 **Keywords:** Intensity-modulated radiotherapy treatment, Fluence map optimization, Linear pro-
26 gramming, Conditional Value-at-Risk

28 1 Introduction

29 In many countries, cancer is considered to be one of the principal causes of death. In Japan,
30 it was reported in [9] that the fatalities number rose to 350 thousand people and 800 thousand
31 people were newly diagnosed as cancer in the year 2010. Prevalent types of cancer treatment
32 include chemotherapy, surgery, and radiation therapy. An investigation conducted by Ministry
33 of Health, Labor and Welfare of Japan [11] reported that their percentages are 81%, 72%, and
34 32%, respectively (the numbers include combinations of treatment types). The National Cancer
35 Institute reported that a half of the cancer patients receive radiation therapy during their treat-
36 ment [13]. Among radiation therapy, intensity-modulated radiotherapy treatment (IMRT) has
37 brought a remarkable flexibility in dose irradiated from the beams. The computation of IMRT

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38 planning involves several optimization aspects. For instance, the handbook [14] discusses various
39 aspects on IMRT from the viewpoints of optimization in Chapters 4 and 5.

40 A difficulty raised in IMRT planning is that not only malignant tumors but also normal tissues
41 near the tumors receive adverse damage from the beam irradiation. Oncologists develop treatment
42 plans for the irradiation areas and the beam intensity to reduce the damage onto the normal tissues.
43 A key clinical criterion that measures the quality of a treatment plan is to satisfy dose-volume
44 constraints (DVCs), which specify the lower or upper bounds on the fraction of tissues that receive
45 a specified dose or higher. Although it is ideal to irradiate higher doses than a prescribed level to
46 all parts of the tumors and lower doses than some threshold to the normal tissues, such an ideal
47 treatment plan is difficult to realize when the tumors and the normal tissues are in proximity to
48 each other. In the case DVCs are employed, a treatment plan is acceptable if the fraction of the
49 part receiving extreme doses is within a certain range. Therefore, outliers that receive extreme
50 doses are permitted in the framework of DVCs on the condition that the fraction of the outliers is
51 limited.

52 To find a suitable treatment plan that satisfies all the DVCs, a number of approaches have been
53 proposed based on mathematical optimization methods. In this paper, we are focused on fluence
54 map optimization (FMO) [2, 16, 17] and an FMO problem is an optimization problem to determine
55 the irradiation intensity of beams for given beam angles. FMO problems with DVCs formulated
56 in mathematical optimization problems often have multiple local minimum solutions [18] and
57 the problems are usually NP-hard [17]. To reduce the computation cost of difficult DVCs, many
58 approach have examined approximations of DVCs. Morrill et al. [12] employed linear programming
59 (LP) problems, and Aleman et al. [1] solved an optimization problem that minimizes the deviations
60 from DVCs using a quadratic objective function.

61 One successful way to obtain good approximations of DVCs is C-VaR (conditional value-at-
62 risk) type constraints introduced by Romeijn et al. [16]. The C-VaR type constraints impose
63 the *average* dose in a given fraction part satisfy a given threshold, and such constraints can be
64 described as linear constraints, therefore, the optimization problem solved in [16] is an LP problem.
65 An advantage of the C-VaR type constraints is that irradiation intensities obtained from the LP
66 problem always satisfy all the DVCs (This property is not clearly mentioned in [16], and we will
67 verify it later in Lemma 2.1). The C-VaR type constraints have been discussed in several papers, for
68 example, Chan et al. [3] applied a robust computation framework to the C-VaR type constraints
69 for breast cancer therapy, and Mahmoudzadeh et al. [8] reduced the computation cost of the
70 LP problems with an outer approximation. Recently, Engberg et al. [6] discussed multi-criteria
71 optimization techniques for the FMO problems with the C-VaR type constraints.

72 However, the feasible region of the LP problem in [16] is very small compared to the original
73 region defined by the DVCs. Since the LP problems can be solved by a polynomial-time algorithms
74 while the FMO problems themselves are NP-hard, we cannot completely remove the gap between
75 the C-VaR type constraints and the DVCs. In particular, a few parts of the body receive extremely
76 high doses, and such outliers seriously affect the average dose in the C-VaR type constraints. This
77 effect makes it very hard to find a feasible plan that satisfies all the DVCs. In fact, the approach
78 in [16] was unable to find the beam intensities for some test instances of Task Group (TG) 119
79 report by the American Association of Physicists in Medicine (AAPM) [7]. The papers above
80 [3, 6, 8] that utilized the C-VaR type constraints did not focus on the acute effect of the outliers
81 onto the C-VaR type constraints. Even though the use of the robust optimization framework in
82 [3] might relieve this serious effect, the set of uncertainty for the C-VaR type constraints must be
83 fixed in advance, hence the outliers cannot be resolved automatically.

84 On the other hand, Merrit et al. [10] proposed a successive LP approach to overcome the
85 outliers in FMO problems. In determining the beam intensities, their approach detected the
86 outliers based on the information of a dual LP problem, and relaxed the dose thresholds. This

87 mechanism gradually relieved the effect from the outliers. However, such a mechanism has not
 88 been considered with the C-VaR constraints before.

89 In this paper, we propose a successive LP approach that employs the C-VaR type constraints.
 90 We first relax the C-VaR type constraints so that each LP problem always has an optimal solution.
 91 Then, we detect the outliers from the optimal solution of the LP problem, and delete them from
 92 the domain of the C-VaR type constraints in the next LP problems. This automatic adjustment
 93 of the outliers enables to search a feasible plan in a wider region than the successive approach of
 94 Merrit et al. [10].

95 We will show mathematically that if the objective values of the successive LP problems become
 96 non-positive, the proposed method outputs beam intensities that satisfy all the DVCs. In addition,
 97 the sequence of the objective values of the successive LP problems is non-increasing. This property
 98 implies that we can generate a sequence of the solutions that approaches to the DVCs. Since our
 99 optimization problems are still LP problems, the computation cost is still low compared to the
 100 original DVCs. We conducted a numerical test to evaluate the performance of the proposed
 101 method. For test instances included in TG 119, the proposed approach found beam intensities
 102 that satisfied the DVCs within a short computation time. In addition, the solution of our approach
 103 satisfied the DVCs more appropriately than the approach of Merrit et al.

104 The rest of this paper is organized as follows. In Section 2, we first give precise definitions
 105 and notation on DVCs and briefly discuss the approaches of Merrit et al. and Romeijn et al. In
 106 Section 3, we describe the details on the proposed method and, in Theorem 3.2, we give a proof
 107 of its mathematical properties that are favorable for the FMO computation. Section 4 reports the
 108 numerical results on the TG 119 test instances, and in Section 5, we will discuss several aspects
 109 of the proposed methods. Finally, we will provide a conclusion in Section 6.

110 2 Preliminaries and Existing Methods

111 In the following, we use $|S|$ to denote the cardinality of a set S . A nonnegative part of a number
 112 x will be denoted by $(x)^+ := \max\{x, 0\}$.

113 2.1 Preliminaries

114 To apply numerical computation, intended organs (or structures) and radiation beams are dis-
 115 cretized into *voxels* and *beamlets*, respectively. Let S be the set of the structures, and for each
 116 structure $s \in S$, we use V_s to denote the voxel set of s . Without loss of generality, we assume
 117 $|V_s| > 0$ throughout of this paper. The set of beamlet is denoted by B .

118 It is often assumed the dose that the i th voxel in the s th structure receives can be expressed in
 119 $z_{si} = \sum_{j \in B} D_{sij} x_j$. Here, x_j is the intensity of the j th beamlet. The element D_{sij} is the (i, j) th
 120 element of a fluence matrix $\mathbf{D}_s \in \mathbb{R}^{|V_s| \times |B|}$, and we assume that the fluence matrix is given in the
 121 material below.

122 We can identify a DVC by a structure s and a fractional parameter $\alpha \in (0, 1)$. The DVCs are
 123 classified into the two types, the upper and lower DVCs;

(upper) The fraction of the voxels in the structure s that receive at least U_s^α Gy is bounded α
 from above; In a mathematical form, $\frac{|\{i \in V_s | z_{si} > U_s^\alpha\}|}{|V_s|} \leq \alpha$.

124 (lower) The fraction of the voxels in the structure s that receive at least L_s^α Gy is bounded α from
 below; In a mathematical form, $\frac{|\{i \in V_s | z_{si} > L_s^\alpha\}|}{|V_s|} \geq \alpha$.

125 As an example, let us impose three DVCs to a planning target volume (PTV); $L_{\text{PTV}}^{0.99} = 46.5$,
 126 $L_{\text{PTV}}^{0.9} = 50.0$, and $U_{\text{PTV}}^{0.2} = 55.0$. In this case, 99% of PTV must receive at least 46.5 Gy. Further-
 127 more, 90% of PTV should receive higher doses than 50.0 Gy. At the same time, we should avoid

128 extremely strong intensity and this is expressed by the upper constraint of $U_{PTV}^{0.2}$, that is, at most
 129 20% voxels can exceed 55.0 Gy in PTV.

130 In the following discussion, we will use \underline{A}_s and \overline{A}_s to denote the set of the fractions used in
 131 the lower and upper DVCs for the structure s , respectively. For each $\alpha \in \overline{A}_s$, we associate the
 132 upper DVC whose threshold is U_s^α Gy. Similar notation is applicable to $\alpha \in \underline{A}_s$ for the lower
 133 DVC with L_s^α Gy. In the DVC example above, we have $\underline{A}_{PTV} = \{0.9, 0.99\}$ and $\overline{A}_{PTV} = \{0.2\}$.
 134 Without loss of generality, we assume that $\underline{A}_s \subset (0, 1)$ and $\overline{A}_s \subset (0, 1)$. For the specific fractional
 135 cases corresponding to $\alpha = 0$ or $\alpha = 1$, we denote the upper or lower bounds by U_s and L_s ,
 136 respectively. When these thresholds are used, *each* voxel in the structure s is required to receive
 137 the dose between L_s and U_s .

138 Here, we also introduce dose-volume histograms (DVHs), since we will use DVHs to describe
 139 a key concept of the proposed method in Section 3. Figure 1 shows an example of DVHs, in
 140 which the blue line is a histograms for PTV and the other lines are for Cord, Lt Parotid and Rt
 141 Parotid. The horizontal axis is a dose and the vertical axis is the fraction of the structure. The
 142 PTV histogram passes the point (50 Gy, 90%) and this indicates that 90% voxels in PTV receive
 at least 50 Gy, therefore, this histogram satisfies $L_{PTV}^{0.90} = 50$.

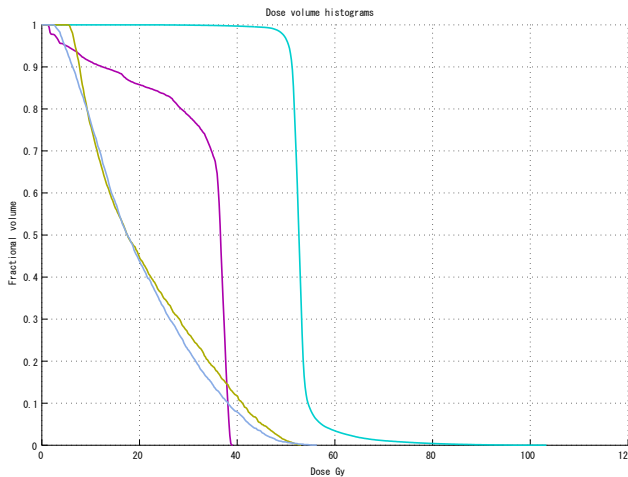


Figure 1: An example of dose-volume histograms for PTV, Cord, Lt Parotid and Rt Parotid.

143 Using these notations, an FMO problem to find the beamlet intensities that satisfy all the
 144 DVCs can be formulated as a mathematical problem. In particular, if we are allowed to use
 145 mixed-integer programming problems, one of the essential tasks in the FMO computation is to
 146

147 find a solution of the feasible set \mathcal{F} defined by

$$\begin{aligned}
\mathcal{F} := \{ \mathbf{x} \in \mathbb{R}^{|B|} : & \sum_{j=1}^{|B|} D_{sij} x_j = z_{si} && \text{for } i = 1, \dots, |V_s|; s = 1, \dots, |S| \\
& L_s \leq z_{si} \leq U_s && \text{for } i = 1, \dots, |V_s|; s = 1, \dots, |S| \\
& z_{si} \geq 0 && \text{for } i = 1, \dots, |V_s|; s = 1, \dots, |S| \\
& z_{si} \geq L_s^\alpha \underline{b}_{si}^\alpha && \text{for } i = 1, \dots, |V_s|; \alpha \in \underline{A}_s; s = 1, \dots, |S| \\
& \underline{b}_{si}^\alpha \in \{0, 1\} && \text{for } i = 1, \dots, |V_s|; \alpha \in \underline{A}_s; s = 1, \dots, |S| \\
& \sum_{i=1}^{|V_s|} \underline{b}_{si}^\alpha \geq \alpha |V_s| && \text{for } \alpha \in \underline{A}_s; s = 1, \dots, |S| \\
& z_{si} \leq U_s^\alpha + M \bar{b}_{si}^\alpha && \text{for } i = 1, \dots, |V_s|; \alpha \in \bar{A}_s; s = 1, \dots, |S| \\
& \bar{b}_{si}^\alpha \in \{0, 1\} && \text{for } i = 1, \dots, |V_s|; \alpha \in \bar{A}_s; s = 1, \dots, |S| \\
& \sum_{i=1}^{|V_s|} \bar{b}_{si}^\alpha \leq \alpha |V_s| && \text{for } \alpha \in \bar{A}_s; s = 1, \dots, |S| \\
& x_j \geq 0 && \text{for } j = 1, \dots, |B| \quad \}.
\end{aligned} \tag{1}$$

148 In this definition, M is a constant number large enough (so-called big-M). To express the
149 fraction of the partial volume, the binary variables $\underline{b}_{si}^\alpha$ and \bar{b}_{si}^α are introduced. We should remark
150 that a single upper DVC $|\{i \in V_s | z_{si} > U_s^\alpha\}| \leq \alpha |V_s|$ is imposed by a combination of $z_{si} \leq U_s^\alpha +$
151 $M \bar{b}_{si}^\alpha$, $\bar{b}_{si}^\alpha \in \{0, 1\}$ and $\sum_{i=1}^{|V_s|} \bar{b}_{si}^\alpha \leq \alpha |V_s|$. The number of voxels exceeds thousands in practical
152 situations, hence, the number of these binary variables ($\underline{b}_{si}^\alpha$ and \bar{b}_{si}^α) are also considerably large.
153 The set \mathcal{F} embraces properties of combinatorial sets, and finding a feasible point in \mathcal{F} exactly is
154 an NP-hard task [17].

155 2.2 A Successive Linear Programming Method

156 In 2002, Merritt et al. [10] employed a successive LP approach to handle the FMO problem. Their
157 method is referred as Method-M in the material below.

158 A core idea of Method-M is to solve LP problems iteratively updating the set of outliers. We
159 now briefly introduce Method-M in a simple situation which involves one tumor structure ($s = 1$)
160 and one healthy structure ($s = 2$). We use upper-bound thresholds U_1 and U_2 on the tumor and
161 the healthy structures, respectively, and a smaller upper-bound threshold U_2^α such that $U_2^\alpha \leq U_2$.
162 It is preferable that each voxel in the healthy structure satisfies the smaller threshold, that is,
163 $z_{2i} \leq U_2^\alpha$ for $i = 1, \dots, |V_2|$. The first LP problem in Method-M is formulated with these ideal
164 constraints. Then the first LP problem is solved, and if these ideal constraints are considered to
165 be too restrictive, the set of outliers $R \subset V_2$ is defined based on the information derived from the
166 first LP problem. Then, the second LP problem will be constructed with the relaxed constraint
167 $z_{2i} \leq U_2$ for $i \in R$ and $z_{2i} \leq U_2^\alpha$ for $i \notin R$. In other words, a small set $R \subset V_2$ can be exposed to
168 higher doses than U_2^α (note that $U_2 \geq U_2^\alpha$). The update of the set R and the construction of the
169 corresponding LP problem will continue until a certain stopping criterion is reached.

170 Method-M automatically adjusts the set of outliers R , therefore, if we can give an appropriate
171 parameter λ that controls the update of R , we do not need to fix R in advance. On the other
172 hand, this method does not take the fractional parameter α of organs into consideration. The
173 constraints in the LP problems solved involve all the voxels in the structures, and they are often
174 much stronger than the DVCs that are evaluated with only a partial volume of the structure.

175 2.3 An Approach based on C-VaR type Constraints

176 Romeijn et al. [16, 15] also utilized LP problems to determine the beamlet intensities, but their
177 approach brought a different perspective. Their method is referred as Method-R in this paper.

178 A key step of Method-R is to substitute the DVCs with C-VaR type constraints, and this
179 replaces the mixed integer problem (1) into an LP problem. More precisely, an upper DVC

180 $|\{i \in V_s | z_{si} > U_s^\alpha\}| \leq \alpha|V_s|$ is replaced with a C-VaR type inequality

$$\bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s|} \sum_{i=1}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+ \leq U_s^\alpha, \quad (2)$$

where $\bar{\zeta}_s^\alpha \in \mathbb{R}$ is an additional variable. By introducing the concept of C-VaR into the IMRT optimization, Romeijn et al. [16] proposed the following LP problem:

$$\text{minimize} \quad \sum_{s=1}^{|S|} \sum_{i=1}^{|V_s|} F_s(z_{si}) \quad (3a)$$

$$\text{subject to} \quad \sum_{j=1}^{|B|} D_{sij} x_j = z_{si} \quad i = 1, \dots, |V_s|; s = 1, \dots, |S| \quad (3b)$$

$$L_s \leq z_{si} \leq U_s \quad i = 1, \dots, |V_s|; s = 1, \dots, |S| \quad (3c)$$

$$\underline{\zeta}_s^\alpha - \frac{1}{(1-\alpha)|V_s|} \sum_{i=1}^{|V_s|} (\underline{\zeta}_s^\alpha - z_{si})^+ \geq L_s^\alpha \quad \alpha \in \underline{A}_s; s = 1, \dots, |S| \quad (3d)$$

$$\bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s|} \sum_{i=1}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+ \leq U_s^\alpha \quad \alpha \in \bar{A}_s; s = 1, \dots, |S| \quad (3e)$$

$$x_j \geq 0 \quad j = 1, \dots, |B| \quad (3f)$$

$$z_{si} \geq 0 \quad i = 1, \dots, |V_s|; s = 1, \dots, |S| \quad (3g)$$

$$\bar{\zeta}_s^\alpha : \text{free variable} \quad \alpha \in \bar{A}_s; s = 1, \dots, |S| \quad (3h)$$

$$\underline{\zeta}_s^\alpha : \text{free variable} \quad \alpha \in \underline{A}_s; s = 1, \dots, |S| \quad (3i)$$

181 Here, the decision variables are the beamlet intensities $x_1, \dots, x_{|B|}$. To implement the C-VaR type
 182 constraints, intermediate variables $\underline{\zeta}_s^\alpha$ and $\bar{\zeta}_s^\alpha$ are employed. As the objective function, a piecewise
 183 linear function F_s is employed to minimize an deviation from their desired situation, and this
 184 objective function remains (3) as an LP problem.

185 The validity of C-VaR type constraints in (3) can be provided by the following lemma. Though
 186 this claim was partially implied in [15], we provide it in an explicit way.

187 **Lemma 2.1.** *Any feasible solution of (3) fulfills all the DVCs.*

188 **Proof:** From the constraint (3c), it is clear that the hard DVCs ($L_s \leq z_{si} \leq U_s$) are satisfied.

189 We now assume that a single upper DVC $|\{i \in V_s | z_{si} > U_s^\alpha\}| \leq \alpha|V_s|$ is violated, and we will
 190 derive a contradiction. From this assumption, the number of voxels such that $z_{si} > U_s^\alpha$ is greater
 191 than $\alpha|V_s|$. Since $U_s^\alpha \geq \bar{\zeta}_s^\alpha$ from (3e), it holds that $z_{si} > \bar{\zeta}_s^\alpha$ when $z_{si} > U_s^\alpha$. There exists at least
 192 one i such that $z_{si} > \bar{\zeta}_s^\alpha$, since $|\{i \in V_s | z_{si} > U_s^\alpha\}| > \alpha|V_s| \geq 0$ from our assumption, hence, we
 193 have $(z_{si} - \bar{\zeta}_s^\alpha)^+ = z_{si} - \bar{\zeta}_s^\alpha > U_s^\alpha - \bar{\zeta}_s^\alpha$ for such i . Therefore,

$$\bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s|} \sum_{i=1}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+ > \bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s|} (\alpha|V_s|) (U_s^\alpha - \bar{\zeta}_s^\alpha) = U_s^\alpha$$

194 and this contradicts to (3e). Hence, any feasible solution of (3) does not violate the upper DVC.
 195 A similar discussion is applicable to the lower DVCs. \square

196 Though this lemma indicates a favorable aspect of Method-R, a negative side is that this
 197 approach may fail to find solutions that exist in the gap between the DVCs and the C-VaR type

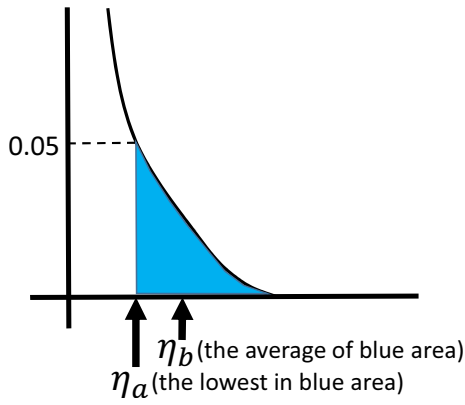


Figure 2: A comparison between DVC and C-VaR type constraint

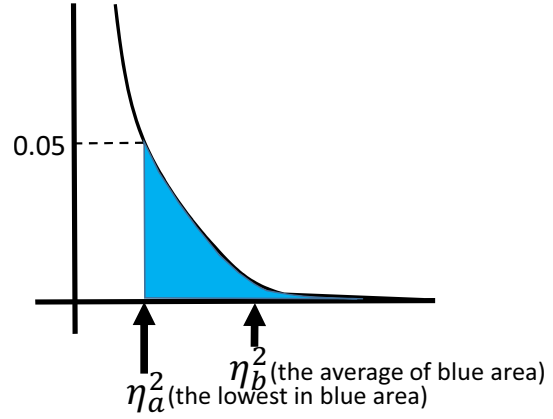


Figure 3: A histogram with a few voxels that receive extremely high doses

198 constraints (in other words, the converse of Lemma 2.1 does not hold in general). Actually,
 199 Method-R searches only a smaller region than the region defined by the original DVCs. Here, we
 200 use Figure 2 to compare the DVCs and the C-VaR type constraints in the DVH style. In Figure 2,
 201 the blue area corresponds to the top 5% voxels in the structure. When we use η_a to denote the
 202 lowest dose among the top 5% voxels, an upper DVC on $\alpha = 0.05$ imposes $\eta_a \leq U_s^{0.05}$. In contrast,
 203 the upper C-VaR type constraint (2) requires $\eta_b \leq U_s^{0.05}$, where η_b is the average of the blue area
 204 (the average dose of the top 5% voxels). The equivalence between (2) and the constraint $\eta_b \leq U_s^\alpha$
 205 is discussed in [16]. Since η_b is larger than η_a , the C-VaR type constraints are tighter than the
 206 original DVCs.

207 Another point we cannot underestimate with respect to the C-VaR type constraints is that the
 208 C-VaR type constraints are sensitive to a small number of voxels that receive extreme doses. To
 209 demonstrate such a phenomenon, we use Figure 3 which illustrate a similar solution to Figures 2,
 210 but it has a few voxels that receive extremely high doses. The lowest doses among the top 5%
 211 voxels are almost same in the two figures ($\eta_a \sim \eta_a^2$). On the contrary, their averages of the blue
 212 area are significantly different ($\eta_b < \eta_b^2$). Therefore, it is possible that the solution in Figures 2
 213 is feasible ($\eta_b \leq U_s^{0.05}$) while in Figure 3 is infeasible ($\eta_b^2 > U_s^{0.05}$). As shown here, the C-VaR
 214 type constraints (3e) strongly depend on the voxels that have the highest doses, hence, such voxels
 215 should be handled carefully as outliers.

216 3 A Successive Linear Programming Approach with C-VaR Type 217 Constraints

218 In this section, we propose an approach that combines the successive update of outliers and the
 219 concept of C-VaR type constraints. In particular, the automatic update of the outliers overcomes
 220 the vulnerability of the C-VaR type constraints to the outliers.

221 In the proposed method, we first solve an LP problem by relaxing the C-VaR type constraints
 222 so that this LP problem always has an optimal solution. From the optimal solution of this LP
 223 problem, we extract the outliers and delete them from the domain of the C-VaR type constraints.
 224 More precisely, in the second LP problem, we replace an upper C-VaR type constraint (3e) for U_s^α

225 with a new constraint

$$\bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s| - |\bar{R}_s^{2,\alpha}|} \sum_{i=1, i \notin \bar{R}_s^{2,\alpha}}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+ \leq U_s^\alpha + \bar{P}_s^\alpha t. \quad (4)$$

226 Here, the $\bar{R}_s^{2,\alpha}$ is the set of outliers detected by the first LP problem. Compared to (3e), the
 227 summation in the second term of (4) skips the outliers $\bar{R}_s^{2,\alpha}$, and the denominator is reduced from
 228 $\alpha|V_s|$ to $\alpha|V_s| - |\bar{R}_s^{2,\alpha}|$. The last term in the right hand side by a positive constant \bar{P}_s^α and a
 229 new nonnegative variable $t \in \mathbb{R}$ is added to guarantee the existence of an optimal solution in the
 230 second LP problem. After solving the second LP problem with the new constraint (4), we select
 231 the new outliers $\bar{R}_s^{3,\alpha}$ for the third LP problem as a set of the voxels that receive extreme doses
 232 based on a criterion $\bar{R}_s^{3,\alpha} = \{i \in V_s : z_{si}^{(2)} > U_s^\alpha + \bar{P}_s^\alpha t^{(2)}\}$, where $z_{si}^{(2)}$ and $t^{(2)}$ are parts of the
 233 optimal solution of the second LP problem. Then we solve the third LP problem and update the
 234 outliers for $\bar{R}_s^{4,\alpha}$. We iterate the construction of the LP problems and the updates of outliers, until
 235 we obtain a feasible solution that satisfies the original DVCs. The proposed method has favorable
 236 properties, which will be considered later in Theorem 3.2.

237 Here, we are focused on an effect of excluding outliers from the C-VaR type constraints. Fig-
 238 ure 4 compares an original DVC $|\{i \in V_s | z_{si} > U_s^\alpha\}| \leq \alpha|V_s|$, its corresponding C-VaR type con-
 239 straint (3e) and the constraint of the proposed method (4) in the style of DVH. In this figure, the
 240 union of the blue and red areas is the top 5% voxels in the structure s , and the red area corresponds
 241 to the outliers R that receive extremely high doses. The original DVC imposes $\eta_a \leq U_s^{0.05}$ and the
 242 C-VaR type constraint (3e) requires $\eta_b \leq U_s^{0.05}$.

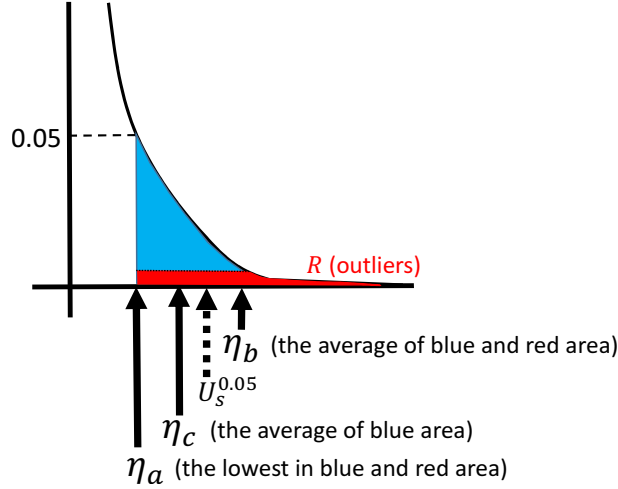


Figure 4: An effect of the removal of outliers

243 The removal of outliers R (the red area) changes the average from η_b to η_c , where η_c is the
 244 average of the blue area. The gap of Method-R from the original DVCs is $\eta_b - \eta_a$ and that of the
 245 proposed method is $\eta_c - \eta_a$. In particular, if the number of outliers is very few ($|R| \ll |V_s|$), we
 246 can expect $\eta_c \sim \eta_a$. Hence, the proposed method is closer to the original DVCs than Method-R.
 247 In addition, if $U_s^{0.05}$ lies in the interval $\eta_c < U_s^{0.05} < \eta_b$, this solution is out of the C-VaR type
 248 constraint, but the proposed method detects that this solution satisfies the DVCs.

249 Consequently, the proposed method searches a feasible solution in a wider region than Method-
 250 R, and its computation cost is much low compared to the original DVCs (the computational
 251

252 complexity of the original DVCs is NP-hard [17]). We also remark that the update of outliers is
 253 carried out automatically from the solution of LP problems.

254 The framework of the proposed method is outlined in Algorithm 3.1. In the k th LP problem
 255 of Step 2, we use $\overline{R}_s^{k,\alpha}$ and $\underline{R}_s^{k,\alpha}$ to denote the sets of outliers with respect to the fractions $\alpha \in \overline{A}_s$
 256 and $\alpha \in \underline{A}_s$, respectively. In addition, the objective function t is used to minimize the deviation
 257 from the DVCs.

258 **Algorithm 3.1.** *A successive update of outliers with C-VaR type constraints for FMO problems*

- 259 1. Set the iteration counter $k = 1$ and the initial sets of outliers $\overline{R}_s^{1,\alpha} = \emptyset$ for $\alpha \in \overline{A}_s, s \in S$
 260 and $\underline{R}_s^{1,\alpha} = \emptyset$ for $\alpha \in \underline{A}_s, s \in S$. Choose positive constants \overline{P}_s and \underline{P}_s for $s \in S$, \overline{P}_s^α for
 261 $\alpha \in \overline{A}_s, s \in S$, and \underline{P}_s^α for $\alpha \in \underline{A}_s, s \in S$.
2. Solve the following k th LP. Let $t^{(k)}$ be the optimal value of this LP problem, and $x_j^{(k)}$ and
 $z_{si}^{(k)}$ be the obtained solution.

$$\min t \quad (5a)$$

$$\text{s.t.} \quad \sum_{j=1}^{|B|} D_{sij} x_j = z_{si} \quad i \in V_s; s \in S \quad (5b)$$

$$L_s - \underline{P}_s t \leq z_{si} \leq U_s + \overline{P}_s t \quad i \in V_s; s \in S \quad (5c)$$

$$\underline{\zeta}_s^\alpha - \frac{1}{(1-\alpha)|V_s| - |\underline{R}_s^{k,\alpha}|} \sum_{\substack{i=1 \\ i \notin \underline{R}_s^{k,\alpha}}}^{|V_s|} (\underline{\zeta}_s^\alpha - z_{si})^+ \geq L_s^\alpha - \underline{P}_s^\alpha t \quad \alpha \in \underline{A}_s; s \in S \quad (5d)$$

$$\overline{\zeta}_s^\alpha + \frac{1}{\alpha|V_s| - |\overline{R}_s^{k,\alpha}|} \sum_{i=1, i \notin \overline{R}_s^{k,\alpha}}^{|V_s|} (z_{si} - \overline{\zeta}_s^\alpha)^+ \leq U_s^\alpha + \overline{P}_s^\alpha t \quad \alpha \in \overline{A}_s; s \in S \quad (5e)$$

$$x_j \geq 0 \quad j \in B \quad (5f)$$

$$z_{si} \geq 0 \quad i \in V_s; s \in S \quad (5g)$$

$$\overline{\zeta}_s^\alpha : \text{free variable} \quad \alpha \in \overline{A}_s; s \in S \quad (5h)$$

$$\underline{\zeta}_s^\alpha : \text{free variable} \quad \alpha \in \underline{A}_s; s \in S \quad (5i)$$

$$t : \text{free variable} \quad (5j)$$

- 262 3. If $t^{(k)} \leq 0$, output $\mathbf{x}^{(k)}$ as the solution and stop.

- 263 4. Update the sets of outliers by the rules

$$\overline{R}_s^{k+1,\alpha} := \left\{ i \in V_s : z_{si}^{(k)} > U_s^\alpha + \overline{P}_s^\alpha t^{(k)} \right\}, \quad \underline{R}_s^{k+1,\alpha} := \left\{ i \in V_s : z_{si}^{(k)} < L_s^\alpha - \underline{P}_s^\alpha t^{(k)} \right\}.$$

264 Increment k and return to Step 2.

265 The proposed method enjoys the following suitable properties.

266 **Theorem 3.2.** *We assume that the feasible region \mathcal{F} of the FMO problem (1) is not empty. Then,*
 267 *for LP problems solved in Algorithm 3.1, it holds that*

- 268 (a) *For any $k \geq 1$, the k th LP problem (5) has an optimal solution.*

269 (b) If $t^{(k)} \leq 0$, the output solution $\mathbf{x}^{(k)}$ satisfies all the DVCs (that is, $\mathbf{x}^{(k)} \in \mathcal{F}$).

270 (c) The sequence $\{t^{(k)}\}$ is monotonically non-increasing.

271 Part (a) indicates that the solution $\mathbf{x}^{(k)}$ is well-defined through Algorithm 3.1. Part (b) provides
 272 a validity for the stopping criterion $t^{(k)} \leq 0$ in Step 3. Finally, we can infer from Part (c) that the
 273 sequence $\{\mathbf{x}^{(k)}\}$ is inclined to approach to the set that satisfy all the DVCs.

274 We remark that the solution obtained from Method-R corresponds to $\mathbf{x}^{(1)}$ of Algorithm 3.1
 275 with the parameters $\bar{P}_s = \underline{P}_s = \bar{P}_s^\alpha = \underline{P}_s^\alpha = 0$ for all s and α . From Part(c), therefore, the
 276 proposed method is more flexible than Method-R.

277 **Proof:** For Part(a), we first examine the case $k = 1$ and discuss $k \geq 2$ by induction. At the
 278 beginning of $k = 1$, $\underline{R}_s^{1,\alpha}$ and $\bar{R}_s^{1,\alpha}$ are empty sets. Then, the denominators in (5d) and (5e) are
 279 not zero, as $|V_s| > 0$ without loss of generality and $0 < \alpha < 1$. The first LP problem ($k = 1$)
 280 is well-defined, and we can give a feasible solution explicitly by $x_j = 0$ ($j = 1, \dots, |B|$), $z_{si} = 0$
 281 ($i = 1, \dots, |V_s|, s = 1, \dots, |S|$), $\bar{\zeta}_s^\alpha = 0$ ($\alpha \in \bar{A}_s, s = 1, \dots, |S|$), $\underline{\zeta}_s^\alpha = 0$ ($\alpha \in \underline{A}_s, s = 1, \dots, |S|$) and
 282 $t = \min_{s=1, \dots, |S|} \{L_s / \underline{P}_s, \min_{\alpha \in \underline{A}_s} \{L_s / \underline{P}_s^\alpha\}\}$. We also know that

$$\begin{aligned} & \bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s| - |\bar{R}_s^{k,\alpha}|} \sum_{i=1, i \notin \bar{R}_s^{k,\alpha}}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+ = \bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s|} \sum_{i=1}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+ \\ & \geq \bar{\zeta}_s^\alpha + \frac{1}{|V_s|} \sum_{i=1}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+ = \frac{1}{|V_s|} \sum_{i=1}^{|V_s|} \left\{ \bar{\zeta}_s^\alpha + (z_{si} - \bar{\zeta}_s^\alpha)^+ \right\} \geq 0. \end{aligned}$$

283 The last inequality holds from an inequality $p + (q - p)^+ \geq 0$ for any $p \in \mathbb{R}$ and $q \geq 0$. From (5c) and
 284 (5e), the objective function t has a lower bound $t \geq \max \left\{ \max_{s=1, \dots, S} \{-U_s / \bar{P}_s\}, \max_{\alpha \in \bar{A}_s} \{-U_s^\alpha / \bar{P}_s^\alpha\} \right\}$.
 285 From the duality theorem of linear programming [4, etc], the first LP problem has an optimal value
 286 $t^{(1)}$.

287 Next, we assume that the k th LP has its optimal value $t^{(k)}$ and optimal solution $x_i^{(k)}$ and $z_{si}^{(k)}$,
 288 and we examine the $(k + 1)$ th LP. If the number of voxels in V_s such that $z_{si}^{(k)} > U_s^\alpha + \bar{P}_s^\alpha t^{(k)}$ and
 289 $i \notin \bar{R}_s^{k,\alpha}$ were no less than $\alpha|V_s| - |\bar{R}_s^{k,\alpha}|$, we would have

$$\begin{aligned} \bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s| - |\bar{R}_s^{k,\alpha}|} \sum_{i=1, i \notin \bar{R}_s^{k,\alpha}}^{|V_s|} (z_{si}^{(k)} - \bar{\zeta}_s^\alpha)^+ & > \bar{\zeta}_s^\alpha + \frac{1}{\alpha|V_s| - |\bar{R}_s^{k,\alpha}|} (\alpha|V_s| - |\bar{R}_s^{k,\alpha}|) (U_s^\alpha + \bar{P}_s^\alpha t^{(k)} - \bar{\zeta}_s^\alpha) \\ & = U_s^\alpha + \bar{P}_s^\alpha t^{(k)}, \end{aligned}$$

290 but this contradicts (5e). Hence, the increase in the number of outliers is bounded by $\alpha|V_s| - |\bar{R}_s^{k,\alpha}|$,
 291 and this leads to

$$|\bar{R}_s^{k+1,\alpha}| < (\alpha|V_s| - |\bar{R}_s^{k,\alpha}|) + |\bar{R}_s^{k,\alpha}| = \alpha|V_s|. \quad (6)$$

292 For the lower DVCs, we also obtain $|\underline{R}_s^{k+1,\alpha}| < (1 - \alpha)|V_s|$. Therefore, the denominators in (5e)
 293 and (5d) are not zero again, and we can use the same discussion as the first LP problem above to
 294 derive that the $(k + 1)$ th LP has an optimal value $t^{(k+1)}$. By induction, for any $k \geq 1$, the k th LP
 295 has its optimal value $t^{(k)}$.

296 For Part (b), from the definition of $\bar{R}_s^{k+1,\alpha} = \left\{ i \in V_s : z_{si}^{(k)} > U_s^\alpha + \bar{P}_s^\alpha t^{(k)} \right\}$, the non-positivity
 297 of $t^{(k)}$ indicates that $\{i \in V_s : z_{si}^{(k)} > U_s^\alpha\} \subset \bar{R}_s^{k+1,\alpha}$. Using the upper bound on the size of $\bar{R}_s^{k+1,\alpha}$
 298 obtained in (6), we have $|\{i \in V_s : z_{si}^{(k)} > U_s^\alpha\}| \leq |\bar{R}_s^{k+1,\alpha}| \leq \alpha|V_s|$ and this means the solution

of k th LP problem satisfies the corresponding upper DVCs. We can also demonstrate that the solution with non-positive $t^{(k)}$ satisfies the lower DVCs in a similar way.

Finally, in order to verify the inequality $t^{(k+1)} \leq t^{(k)}$ for Part (c), we give a feasible solution of the $(k+1)$ th LP problem such that $t = t^{(k)}$. We set $t = t^{(k)}$, $x_j = x_j^{(k)}$, $z_{si} = z_{si}^{(k)}$, $\underline{\zeta}_s^\alpha = L_s^\alpha - \underline{P}_s^\alpha t^{(k)}$ and $\bar{\zeta}_s^\alpha = U_s^\alpha + \bar{P}_s^\alpha t^{(k)}$. Since these values are derived from the k th LP problem, it is easy to check that these values satisfy the constraints of (5) except (5e) and (5d). In (5e), the summation $\sum_{i=1, i \notin \bar{R}_s^{k+1, \alpha}}^{|V_s|} (z_{si} - \bar{\zeta}_s^\alpha)^+$ is zero due to $\bar{R}_s^{k+1, \alpha} = \{i \in V_s : z_{si}^{(k)} > U_s^\alpha + \bar{P}_s^\alpha t^{(k)}\}$ and $\bar{\zeta}_s^\alpha = U_s^\alpha + \bar{P}_s^\alpha t^{(k)}$. Therefore, the left-hand side of (5e) reduces to $U_s^\alpha + \bar{P}_s^\alpha t^{(k)}$ and this is same as the right-hand side. Again, we apply a similar step to (5d). \square

4 Numerical Experiment

For a numerical experiment, we used a dataset of the American Association of Physicists in Medicine (AAPM) Task Group (TG) 119 report [7]. The dataset includes four mock test cases; a C-shape case, a mock prostate case, a mock head/neck case and a multi target case. For these four cases, Table 1 shows the number of beamlets, the organ names, the number of voxels in the organs and the DVCs.

We compare the proposed method with Method-M to show the performance of the proposed method. We did not use Method-R in the numerical comparison, since we found from preliminary experiments that the LP problems in the Method-R were infeasible for all of the four test cases in AAPM TG119.

The dataset of AAPM TG119 is provided as 3D image format called DICOM. Using CERR 4.0 Beta 2 [5] and MATLAB 2017a, we transformed the DICOM files into the LP problems (5). We ran CERR with its default settings, then we called CPLEX 12.7.1 to solve the generated LP problems. Finally, we utilized CERR again to visualize the solutions and checked whether the obtained solutions satisfied the DVCs. We also utilized CERR to prepare a manageable dataset from the TG119 dataset. The number of voxels in PTV of the mock head/neck case was more than 50,000 and this was too large to solve (5) on 16 GB memory space of our computing environment. For only this case, therefore, we chose 10,000 voxels randomly from the 50,000 voxels. We examined a number of this random selection and we observed this operation did not affect the numerical results seriously. The computing environment was a server powered by two Opteron 4386 (3.1 GHz, 8 cores) processors with a RAM of 16 GB running on a Debian Linux operating system.

A desirable stopping criterion of the proposed method is $t^{(k)} \leq 0$, since Theorem 3.2 indicated that the output solution $\mathbf{x}^{(k)}$ satisfies all the DVCs when $t^{(k)} \leq 0$. Due to the intrinsic difficulty arising from combinatorial aspects of the DVCs, the number of iterations to attain $t^{(k)} \leq 0$ would be prohibitive. As practical stopping criteria, we stopped the proposed method when the iteration count k reached 10, or when the objective value did not improve ($|t^{(k)} - t^{(k-1)}| < 10^{-4}$). In the execution of the proposed method, we assigned 1 to the positive constants $\underline{P}_s, \bar{P}_s, \underline{P}_s^\alpha$, and \bar{P}_s^α .

For Method-M, we set the parameter $\lambda = 10^{-6}$, which controls the update of the set of outliers R . In addition, we stopped Method-M when the set R became infeasible for a DVC; more precisely, when $|R|$ exceeded $\alpha|V_s|$. When the infeasibility was detected at the k th iteration, the solution of Method-M was extracted from the solution of the LP problem in the $(k-1)$ th iteration.

4.1 Results

Table 2 reports the satisfiability of the obtained solutions for given DVCs, and Figures 5, 6, 7, and 8 provide the DVH figures. In these figures, the solid lines and the broken lines indicate the

Table 1: A summary of the dataset for numerical comparison

C-shape (the number of beamlets is 414)		
organ/tumor	the number of voxels	DVCs
Outer Target	17522	$L_{\text{Outer Target}}^{0.95} = 50$
		$U_{\text{Outer Target}}^{0.1} = 55$
Core	3087	$U_{\text{Core}}^{0.1} = 25$
Mock Head/Neck (the number of beamlets is 619)		
organ/tumor	the number of voxels	DVCs
PTV	10000	$L_{\text{PTV}}^{0.99} = 46.5$
		$L_{\text{PTV}}^{0.9} = 50.0$
		$U_{\text{PTV}}^{0.2} = 55$
Cord	1333	$U_{\text{Cord}} = 40$
Lt Parotid	525	$U_{\text{Lt Parotid}}^{0.5} = 20$
Rt Parotid	740	$U_{\text{Rt Parotid}}^{0.5} = 20$
Mock Prostate (the number of beamlets is 241)		
organ/tumor	the number voxels	DVCs
Prostate PTV	8591	$L_{\text{Prostate PTV}}^{0.95} = 75.6$
		$U_{\text{Prostate PTV}}^{0.05} = 83$
Urinary Bladder	5207	$U_{\text{Urinary Bladder}}^{0.30} = 70$
		$U_{\text{Urinary Bladder}}^{0.10} = 75$
Rectum	1830	$U_{\text{Rectum}}^{0.30} = 70$
		$U_{\text{Rectum}}^{0.10} = 75$
Multi Target (the number of beamlets is 601)		
organ/tumor	the number of voxels	DVCs
Center	5143	$L_{\text{Center}}^{0.99} = 50$
		$U_{\text{Center}}^{0.1} = 53$
Superior	5549	$L_{\text{Superior}}^{0.99} = 25$
		$U_{\text{Superior}}^{0.1} = 35$
Inferior	5529	$L_{\text{Inferior}}^{0.99} = 12.5$
		$U_{\text{Inferior}}^{0.1} = 25$

342 results of the proposed method and Method-M, respectively, and different colors are utilized to
343 clarify the organs.

344 In Table 2, the column “proposed” indicates the evaluation of the proposed method in the
345 viewpoint of DVCs. For example, the value of 50.5 in the row $L_{\text{Outer Target}}^{0.95}$ indicates that 95% of
346 Outer Target receives at least 50.5 Gy. Therefore, this solution satisfies $L_{\text{Outer Target}}^{0.95} = 50.0$ and
347 this satisfiability is shown by “Pass.” The failure of the solutions is indicated by “Fail” in the table.
348 In the same way, the column “Method-M” shows the result of Method-M. The table also reports
349 the numbers of LP problems solved in each test case. The number of parenthesis in the “proposed”
350 column shows the number of LP problems to acquire a feasible solution. In the C-shape case, for
351 example, the proposed method obtained a feasible solution by the third LP problem ($t^{(3)} \leq 0$),
352 and stopped the computation by the criterion $t^{(4)} = t^{(3)}$. (In the Multi Target case, we used $(-)$ to
353 indicate that we failed to obtain a non-positive optimal value before we stopped the computation
354 by $t^{(7)} = t^{(6)}$.) The last two rows in each test case report the computation time for LP problems
355 and the total running time.

356 From the result of Table 2, we observe in the C-Shape case that the solution of the proposed
357 method satisfied all DVCs, but Method-M failed in the DVC $L_{\text{Outer Target}}^{0.95} = 50.0$. We also see
358 that the green dashed line passes the point (50, 0.5) in Figure 5, therefore, a half of the voxels of
359 Outer Target in Method-M receives 50 Gy or less. The proposed method fits the lower DVCs more
360 appropriately than Method-M. We can further obtain similar observations on the Head/Neck and
361 Prostate cases.

362 For the Multi Target case, however, Table 2 shows that both the proposed method and Method-
363 M failed to satisfy all the DVCs simultaneously. In particular, the DVC ($L_{\text{Center}}^{0.99} = 50$) seems too
364 stringent. In Section 5, we will investigate a relaxation of this stringent DVC and discuss its effect.
365 Except this DVC $L_{\text{Center}}^{0.99} = 50$, the proposed method and Method-M satisfied the other DVCs.

366 Consequently, the proposed method output solutions that match the DVCs more adequately
367 than Method-M in three cases and a competitive solution for the Multi Target case.

368 Next, we move our focus to the computation time. Most of the computation time in both the
369 proposed method and Method-M was the execution of CPLEX to solve the generated LP problems.
370 CPLEX accounted for at least 95% of the total running time, while the computation time to
371 generate LP problems using outliers was short. Each iteration of the proposed method was longer
372 than that of Method-M, but the number of iterations in the proposed method was considerably
373 smaller than Method-M, particularly in Mock Head/Neck and Prostate cases. Therefore, the
374 proposed method is preferable to Method-M from the viewpoint of computation cost.

375 5 Discussions

376 In this paper, we propose a new iterative algorithm for the FMO problems. Here, we discuss
377 several aspects of the proposed method.

378 Parameters for Method-M

379 There would be a possibility that a judicious selection on the parameters for Method-M might
380 improve the quality of the solution or the running time. In the numerical experiments, we examined
381 Method-M changing the parameters and we reported the best results of Method-M from the
382 changed parameters, so further improvements based on only the parameter selection are not so
383 promising.

384 For Method-M, a reduction of the computation time is also a difficult task. For example, to solve
385 one LP problem in the C-shape case, the proposed method consumed about twice computation time
386 of Method-M. However, the proposed method acquired a feasible solution in the three iterations.

Table 2: Numerical results for the four test cases

C-Shape			
organ/tumor	DVCs	proposed	Method-M
Outer Target	$L_{\text{Outer Target}}^{0.95} = 50.0$	50.5 (Pass)	45.7 (Fail)
	$U_{\text{Outer Target}}^{0.10} = 55.0$	54.4 (Pass)	53.9 (Pass)
Core	$U_{\text{Core}}^{0.10} = 25.0$	24.3 (Pass)	25.0 (Pass)
the number of iterations		4 (3)	13
time for LP problems (second)		94.489	223.237
total time (second)		100.870	230.999
Mock Head/Neck			
organ/tumor	DVCs	proposed	Method-M
PTV	$L_{\text{PTV}}^{0.99} = 46.5$	48.5 (Pass)	40.7 (Fail)
	$L_{\text{PTV}}^{0.90} = 50.0$	51.2 (Pass)	42.4 (Fail)
	$U_{\text{PTV}}^{0.20} = 55.0$	53.8 (Pass)	52.3 (Pass)
Core	$U_{\text{Core}} = 40.0$	39.0 (Pass)	40.0 (Pass)
Lt Parotid	$U_{\text{Lt Parotid}}^{0.50} = 20.0$	15.8 (Pass)	20.0 (Pass)
Rt Parotid	$U_{\text{Rt Parotid}}^{0.50} = 20.0$	14.8 (Pass)	17.4 (Pass)
the number of iterations		3 (2)	27
time for LP problems (second)		76.124	468.667
total time (second)		78.078	479.753
Prostate			
organ/tumor	DVCs	proposed	Method-M
Prostate PTV	$L_{\text{Prostate PTV}}^{0.95} = 75.6$	76.7 (Pass)	73.7 (Fail)
	$U_{\text{Prostate PTV}}^{0.05} = 83.0$	82.2 (Pass)	82.0 (Pass)
Urinary Bladder	$U_{\text{Urinary Bladder}}^{0.30} = 70.0$	49.6 (Pass)	53.3 (Pass)
	$U_{\text{Urinary Bladder}}^{0.10} = 75.0$	72.2 (Pass)	65.8 (Pass)
Rectum	$U_{\text{Rectum}}^{0.30} = 70.0$	67.0 (Pass)	70.0 (Pass)
	$U_{\text{Rectum}}^{0.10} = 75.0$	73.9 (Pass)	74.8 (Pass)
the number of iterations		3 (2)	22
time for LP problems (second)		106.419	699.439
total time (second)		108.078	709.672
Multi Target			
organ/tumor	DVCs	proposed	Method-M
Center	$L_{\text{Center}}^{0.99} = 50.0$	46.1 (Fail)	43.6 (Fail)
	$U_{\text{Center}}^{0.10} = 53.0$	52.6 (Pass)	52.5 (Pass)
Superior	$L_{\text{Superior}}^{0.99} = 25.0$	25.7 (Pass)	33.5 (Pass)
	$U_{\text{Superior}}^{0.10} = 35.0$	34.5 (Pass)	35.0 (Pass)
Inferior	$L_{\text{Inferior}}^{0.99} = 12.5$	12.8 (Pass)	21.9 (Pass)
	$U_{\text{Inferior}}^{0.10} = 25.0$	24.8 (Pass)	25.0 (Pass)
the number of iterations		7 (-)	15
time for LP problems (second)		215.875	316.304
total time (second)		219.859	323.660

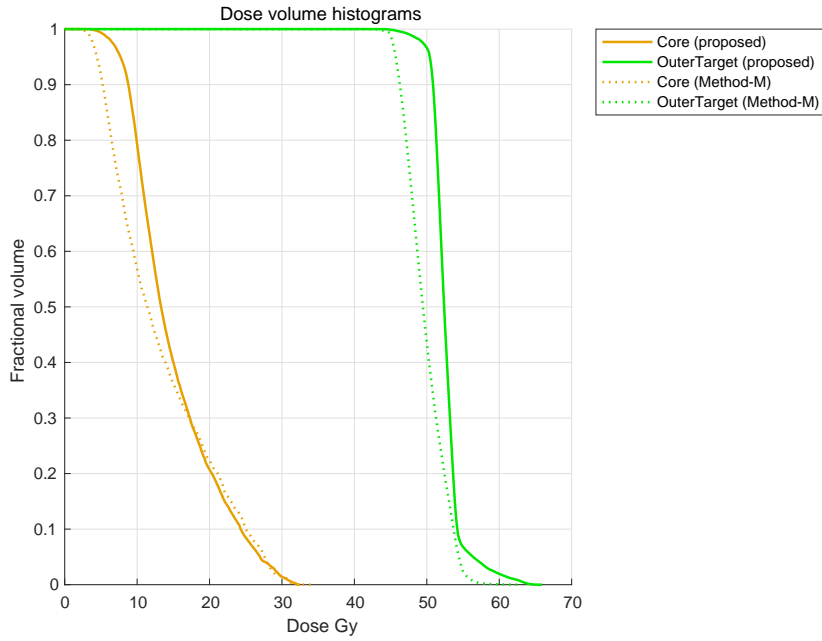


Figure 5: DVH of C-Shape case

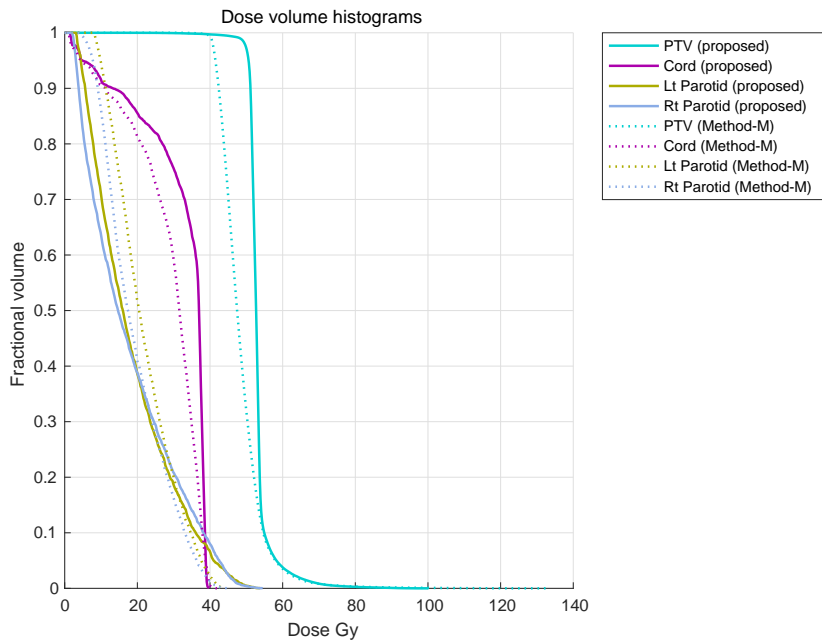


Figure 6: DVH of Head/Neck case

387 To compete with the proposed method, therefore, Method-M should complete its algorithm within
 388 about six iterations, but Method-M actually required 13 iterations.

389 We remark that the number of intermediate variables in the LP problems of the proposed
 390 method is dependent on the number of DVCs, while that of Method-M is independent. The test
 391 cases we used in the numerical tests have a few DVC, therefore, Method-M may perform well in a

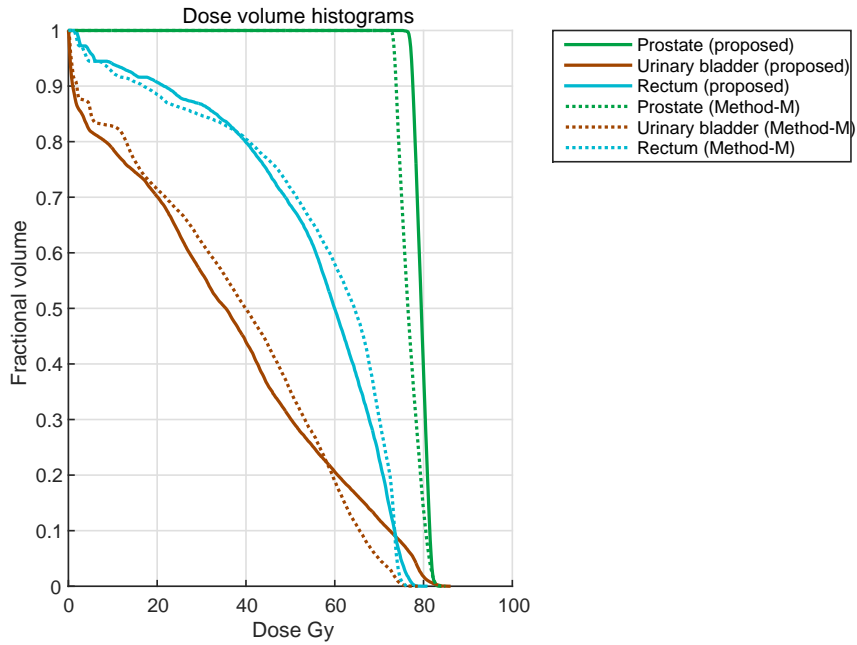


Figure 7: DVH of Prostate case

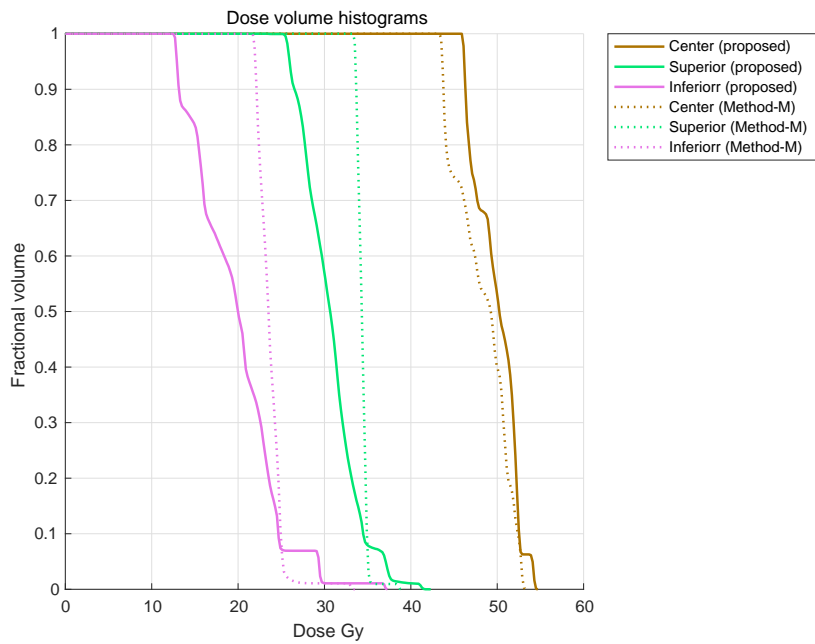


Figure 8: DVH of Multi Target case

392 test case that includes a large number of DVCs.

393 **The result on Multi Target**

394 In the Multi Target case, both the proposed method and Method-M failed to satisfy the DVC
 395 $L_{\text{Center}}^{0.99} = 50$. Here, we discuss an effect brought by a relaxation on this stringent DVC.

396 First, the objective value in the last LP problem of the proposed method was $t^{(7)} = 4.8$, and
397 even when we continued the computation with additional 20 iterations, we could not improve this
398 objective value. For this $t^{(7)}$, the right hand side in the inequality (5c) is $L_{\text{Center}}^{0.99} - P_{\text{Center}}^{0.99} t^{(7)} =$
399 $50 - 1 \cdot 4.8 = 45.2$. Using this value, we examined a replacement of the stringent DVC $L_{\text{Center}}^{0.99} = 50$
400 by an weaker DVC $\hat{L}_{\text{Center}}^{0.99} = 45.2$. Table 3 summarizes the results on this weaker DVC in the
401 same style as Table 2.

Table 3: Numerical results for Multi Target with an weaker DVC

Multi Target			
organ/tumor	DVCs	proposed	Method-M
Center	$\hat{L}_{\text{Center}}^{0.99} = 45.2$	46.1 (Pass)	43.6 (Fail)
	$U_{\text{Center}}^{0.10} = 53.0$	52.6 (Pass)	52.5 (Pass)
Superior	$L_{\text{Superior}}^{0.99} = 25.0$	26.7 (Pass)	33.5 (Pass)
	$U_{\text{Superior}}^{0.10} = 35.0$	34.4 (Pass)	35.0 (Pass)
Inferior	$L_{\text{Inferior}}^{0.99} = 12.5$	12.8 (Pass)	21.9 (Pass)
	$U_{\text{Inferior}}^{0.10} = 25.0$	24.8 (Pass)	25.0 (Pass)
the number of iterations		4 (3)	14
time for LP problems (second)		124.530	317.338
total time (second)		126.549	324.636

402 The result of Method-M in Table 3 remained essentially same as Table 2, and it still could
403 not satisfy $\hat{L}_{\text{Center}}^{0.99} = 45.2$, hence we cannot see the effect of the relaxation. Though the result
404 of Method-R does not appear in Table 2, it also failed in this weaker DVC. On the contrary, the
405 proposed method managed to find a solution that satisfied all the DVCs including $\hat{L}_{\text{Center}}^{0.99} = 45.2$.
406 Consequently, the necessary modification on the stringent DVC was small in the proposed method
407 compared to Method-M and Method-R. From this result, we infer that the objective value $t^{(k)}$ in
408 the proposed method can be employed to evaluate stringency of the DVCs.

409 An extension of our approach to precise volumes

410 In this paper, we assumed that an organ was divided into voxels of the same rectangular shape,
411 thus all the voxels had the same volume. However, voxels at the boundary of a structure may
412 partially contain the exterior of the structure. Therefore, there may be a difference between the
413 total volume of voxels in the structure and the precise volume, and our approach would output a
414 solution with minor deviations.

415 Our approach can be extended to handle the precise volume of each voxel by the procedure
416 below. For the i th voxel of the structure s , c_{si} is used to denote the volume of a part of s that
417 is covered by the i th voxel, in other words, c_{si} is the volume of the intersection of s and the
418 i th voxel. Then, a constant $C_s := \sum_{i=1}^{|V_s|} c_{si}$ denotes the precise volume of s . We also define
419 $\overline{C}_s^{k,\alpha} := \sum_{i \in \overline{R}_s^{k,\alpha}} c_{si}$ and $\underline{C}_s^{k,\alpha} := \sum_{i \in \underline{R}_s^{k,\alpha}} c_{si}$ for upper and lower DVCs, respectively.

We will replace the k th LP problem in Algorithm 3.1 with the following LP problem:

$$\text{minimize } t \tag{7a}$$

$$\text{subject to } \sum_{j=1}^{|B|} D_{sij} x_j = z_{si} \quad i \in V_s; s \in S \tag{7b}$$

$$L_s - \underline{P}_s t \leq z_{si} \leq U_s + \overline{P}_s t \quad i \in V_s; s \in S \tag{7c}$$

$$\underline{\zeta}_s^\alpha - \frac{1}{(1-\alpha)C_s - \underline{C}_{ks}^\alpha} \sum_{i \notin \underline{R}_s^{k,\alpha}} c_{si} (\underline{\zeta}_s^\alpha - z_{si})^+ \geq L_s^\alpha - \underline{P}_s^\alpha t \quad \alpha \in \underline{A}_s; s \in S \tag{7d}$$

$$\overline{\zeta}_s^\alpha + \frac{1}{\alpha C_s - \overline{C}_s^{k,\alpha}} \sum_{i \notin \overline{R}_s^{k,\alpha}} c_{si} (z_{si} - \overline{\zeta}_s^\alpha)^+ \leq U_s^\alpha + \overline{P}_s^\alpha t \quad \alpha \in \overline{A}_s; s \in S \tag{7e}$$

$$x_j \geq 0 \quad j \in B \tag{7f}$$

$$z_{si} \geq 0 \quad i \in V_s; s \in S \tag{7g}$$

$$\underline{\zeta}_s^\alpha : \text{free variables} \quad \alpha \in \underline{A}_s; s \in S \tag{7h}$$

$$\overline{\zeta}_s^\alpha : \text{free variables} \quad \alpha \in \overline{A}_s; s \in S \tag{7i}$$

$$t : \text{free variables} \tag{7j}$$

420 A main difference between the original proposed method and this extended method lies in (5d)
 421 and (7d). In the original proposed method, we use the number of voxels to represent a fractional
 422 volume of the structure. However, in the extended method, we utilize their precise volumes,
 423 therefore, we include c_{si} in the summation of (7d). This LP problem satisfies the same property
 424 as Theorem 3.2. In particular, we can find a solution that satisfies all the DVCs when the optimal
 425 value $t^{(k)}$ of the k th LP problem is non-positive. Therefore, we can naturally extend the proposed
 426 method to handle the precise volumes.

427 6 Conclusion and Future Directions

428 In this paper, we proposed a novel method for the FMO problems by combining the C-VaR
 429 type constraints and the automatic update of the outliers. The proposed method has favorable
 430 mathematical properties as discussed in Theorem 3.2. In particular, when the optimal value of
 431 the LP problems is non-positive, its optimal solution satisfies all the DVCs. From the numerical
 432 experiments, we verified that the proposed method was effective for the mock cases. The proposed
 433 method found feasible solutions for the test cases whose feasibilities were not detected in Method-
 434 R. Furthermore, our approach obtained these feasible solutions within a shorter computation time
 435 than Method-M.

436 Further studies should include improvement in the computation time. The size of LP problems
 437 in the proposed method is highly dependent on the number of DVCs, therefore, the computation
 438 time to solve the LP problems grows rapidly, especially when the number of DVCs increases. As a
 439 result, the size of solvable FMO problems are limited. We should reduce the number of variables
 440 involved in the LP problems in advance by detecting redundant variables or inactive constraints.

441 Another aspect is that the proposed method could not satisfy only one DVC in the Multi
 442 Target case, therefore, we relaxed only this DVC and we managed to find a feasible solution that
 443 satisfied all the DVCs. If the proposed method could not satisfy multiple DVCs, there is room
 444 for further discussions on how to adjust them simultaneously. For example, we may exploit an
 445 multi-criteria optimization discussed in [6].

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